



Creamy Salmon, Lemon & Herb Risotto 300g

- 20% New Zealand Seafood
- Good Source of Protein - 10.1g per serve
- No Artificial Colourings
- No Artificial Flavourings
- No Added Sugar
- Gluten Free
- Halal

PRODUCT DESCRIPTION

Tender pieces of NZ King Salmon paired with buttery risotto, NZ lemons and blended with herbs.

SERVING SUGGESTIONS

This rice dish is best accompanied with a fresh crisp green salad or steamed green peas and broccoli. Heat and serve with plenty of freshly grated Parmesan cheese and fresh lemon wedges.

Alternatively, serve with garlic pizza bread, fresh steamed broccolini, wilted spinach, add fresh steamed seasoned mussels and plenty of freshly ground black pepper to finish.

SERVING INSTRUCTIONS

STOVE TOP: Empty contents into saucepan. Heat on medium to a simmer, stirring frequently. Heat for further 2-3 minutes, until starting to bubble. Remove from heat, tip into bowls and serve immediately.

MICROWAVE: Empty packet into a microwaveable bowl. Cover. Heat on HIGH (1000W) for 2 minutes. Stir. Cover again and heat for a further minute until product is hot. Heating times can vary depending on microwave power.

STORAGE

Keep chilled between 2°- 4°C. Refrigerate any remaining product in airtight container and use within 2 days.

Best Before date at the base of the pack.

NUTRITION INFORMATION

Servings per pack: 2
Serving Size: 150g

	Average Quantity per serving	Average Quantity per 100g
Energy	852kJ	568kJ
Protein	10.1g	6.7g
Fat, Total	12.3g	8.2g
- saturated	5.8g	3.9g
Carbohydrate	13.2g	8.8g
- sugars	0.2g	0.1g
Sodium	513mg	342mg

INGREDIENTS

Fish Stock [Water, Snapper (*Pagrus auratus*) (**Fish**), Celery, Onion, Lemon, Garlic, Herbs, Spice], Salmon (*Oncorhynchus tshawytscha*) (**Fish**) (20%), Rice (8%), Cream (**Milk**) (3%), Butter (**Milk**), Garlic (2%), Lemon Juice (2%), Celery (2%), Onion (2%), Salt, Thickeners (Xanthan Gum, Guar Gum), Herbs (0.2%) (Basil, Chives, Tarragon), Pepper.

Contains: Fish, Milk.

May contain Fishbones.

MADE IN NEW ZEALAND

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